LIFE ON THE FARM



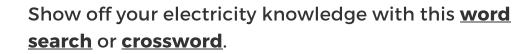
MONDAY

To start off the week, farming families would do laundry. The women and children would wash their clothes with homemade soap. You can make your own soap at home today!

Learn how to make your own soap here!

TUESDAY

After letting the laundry dry, families would iron their clothes. Before farms got electricity they would have to heat an iron up in the fire!







WEDNESDAY

On Wednesday's families mended holes in clothes or replaced missing buttons. Without electricity, this task would have been done by hand. Sewing used to be a chore but now it can be a fun activity at home!

Learn to make your own apron <u>here</u> or create your own reading pillow <u>here</u>.

THURSDAY

Butter was very important to farming families! It was used in most things made in the kitchen. On Thursday's the family would churn butter to use in their daily meals.



Learn <u>how butter used to be made</u> and try it yourself with these <u>instructions</u>.



FRIDAY

As the week came to a close, children on the farm would do chores inside the house. To help them keep the house clean, they would make their own brooms and mops.

Learn about the <u>yard broom</u> and the <u>house broom</u> on our <u>YouTube Channel</u>!

SATURDAY

Saturday's were all about baking. Farming families would bake cookies, pies, and different sorts of goodies for the upcoming week. Looks like 20th century families also had a sweet tooth!



Check out these **cookie recipes** from the 1800s!



SUNDAY

On Sunday's the whole family took the day off. Most families would have attended church and spent the day together relaxing. Lots of families today do the same thing!

Relax with the family at home and try these farm themed yoga moves!

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